

La Vita Sana

BODY and MIND in HARMONY

SOUTHERN BEST
LA VITA SANA

La
Vita
Sana

For more information, kindly contact us at
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STARTER

THOD MUN PLA. THRONG KHERNG

ทอดมันปลาทรงเครื่อง

150 THB



DEEP FRIED FISH CURRY CAKE WITH SWEET & SOUR PEANUT SAUCE. POPAIH KUA KLING MOO THOD

ปอเปี๊ยะคั่วกลิ้งหมูทอด

150 THB



MAIN DISH

NAM PRIK GOONG SEAB(S)

น้ำพริกกุ้งเสียบ

Smoked shrimp dip, accompanied
with fresh and cooked vegetables

120 THB



NAM PRIK GOONG SOD (S)

น้ำพริกกุ้งสด

Fresh Shrimp dip, accompanied
with fresh and cooked vegetables

120 THB

TOM KRA TI PHAK MEANG GOONG SOD

ต้มกะทิผักเหมียงกุ้งสด

Coconut soup with fresh prawns
and local vegetables

150 THB



GAI TUM KAMIN

ไก่ต้มขมิ้น

Chicken with Turmeric soup

150 THB



KANG LEANG HED RUAM

แกงเหียงเห็ดรวม

Mixed Local Mushrooms Soup
Thai Southern Style, Shrimp paste,
shallot, egg, basil

150 THB

KANG SOM PLA DOK KAE (S)

แกงส้มปลาดอกแค

Sour soup with sea bass, Humming
Bird Bud

150 THB



GOONG PHAD KA – PI SATO

กุ้งผัดกะปิสะตอ

Work Fried Shrimp Southern Style
with Shrimp paste , Been Broad

150 THB



KANG SOM GOONG SUB PA ROD (S)

แกงส้มกุ้งสับปะรด

Clear Yellow Curry Southern
Style with Shrimp and Pineapple

190 THB

KHAI JEAW CHA OM

ไข่เจียวชะอม

Thai Omelet with Acacia

100 THB



PHAD DOG CARE

ดอกแคผัดน้ำมันหอย

Stir fried bunya tree flower with oyster sauce.

100 THB



PLA SINE TOD KA MIN

ปลาทรายทอดขมิ้น

Deep Fried Marinate Turmeric Sand Fish

250 THB

MOO KUA KA-PI (P, S)

หมูคั่วกะปิ

Work Fried pork belly Southern style in shrimp paste

150 THB



MOO KUA KELU

หมูคั่วเกลือ

Stir fried Pork belly in salt.

150 THB



PHAD PHAK MEANG KUB KHAI (V)

ผัดผักเหมียงใส่ไข่

Stir fried Local Spinach
vegetable with Glass noodle and
egg

120 THB

MOO GROU PHAD PRIK KULE

หมูกรอบผัดพริกเกลือ

Crispy Pork belly with chilli &
Garlic, salt

250 THB



MOO SAM ROD

หมูสามรส

Fatty Beef Tenderloin Stir-Fried with
Thai spices Taste Sour ,sweet

190 THB



PHAD THAI CHAIYA

ผัดไทยไชยา

Stirred-Fried rice noodles with a Special
sauce from Chaiya District Served with
bean sprouts , Yardlong beans and
cucumber

250 THB

YAM SOM OH (POMELO SALAD)

ยำส้มโอ

Fresh Pomelo , coconut powder ,
peanut ,shallot , Garlic , tamarin .
Served with grilled river prawn

150 THB



PLA KRA PONG TOD KHA-MIN SOD

ปลากระพงทอดขมิ้น

Deep fried Sea bass, rubbed with turmeric-peppercorn

400 THB



PLA KRA PONG RAD KRUANG KANG (S)

ปลากระพงราดเครื่องแกง

Steamed Sea bass, rubbed with herb and curry, deep fried.

400 THB
